

2024 EVENT GUIDE



In Memory Of

Mark Werner



Mark was a member of the Run Away Shoes/Events family and running community who played an integral role in the creation of this event. Thank you for participating and keeping Mark's passion for community running events going.



RACE SERIES EVENT























Proceeds Support:







Helping you focus on what really matters.



Proud to support the Houdini 10k.

Visit us online at capitalcu.com



TABLE OF CONTENTS

Page 7: Packet Pick-Up

Page 9: Schedule, Porta Potties, Water Stops & Medical

Page 11: Results & Awards

Page 12: Course Map

Page 13: Packet Pick-Up and Finish Line Map

Page 15: Finish Line Map

Page 16-18: Upcoming Events & More You Do Not Want To Miss!

Instagram:

@run_away_shoes

Facebook:

Run Away Shoes or Run Away Event Races



YOU'LL SHINE

WE'LL MAKE CERTAIN

It's your logo, so it has to be perfect. The perfect product, perfectly printed and delivered on time. That's certainty.

> Linda, with 4imprint 5 years







PACKET PICK-UP

DATES & TIMES

Friday, November 1 from 3:00pm - 6:00pm Saturday, November 2 from 8:00am - 8:45am

LOCATION

Jones Park (301 W Lawrence St. Appleton, WI) in the parking lot in the large tent (map on page 11)

PARKING

There will **NOT** be parking at Jones Park. Please refer to the Appleton Downtown Parking Guide for Parking Recommendations: https://bit.ly/ADPark



GROUP PICK-UP

You may pick-up for more than yourself. If you want to pick-up for a group, please **e-mail us the first and last names** of who you will be picking up for to **events@runawayshoes.net by 7pm Thursday, October 31**. Come to the Additional Assistance (Race Hub) table at packet pick-up.

ON-SITE REGISTRATION

There may be limited on-site registration available if you know anyone interested. **Cash or check (made out to Run Away Shoes) only**. Race Fee: \$50. Shirt or shirt of desired size is not guaranteed for on-site registrants. **Please encourage anyone interested to sign up online before Thursday evening.**

LATE TRANSFERS (AFTER OCTOBER 31)

If you need to complete a transfer at this point – please e-mail us at events@runawayshoes.net and include the person you are transferring to in the e-mail. The person you are transferring your bib to will need to pick up YOUR packet first and then come to the "Race Hub" table at packet pick-up to complete the transfer and sign a waiver. Any exchange of money for race fees happens between participants.



RACE HUB

NEED SOMETHING FROM US ON RACE DAY?







- · ON SITE REGISTRATION
- · SHIRT SWAPS
- TRANSFERS
- AWARDS PICK-UP
- OTHER QUESTIONS

P.S. WE WILL BE
IN THE TENT
DURING PACKET
PICK-UP AND
NEAR THE
BEVERAGE TENT
AFTER THE RACE



RUNNER Information

FRIDAY, NOVEMBER 1

3:00pm - 6:00pm - Packet Pick-Up & On-Site Registration at Jones Park

SATURDAY, NOVEMBER 2

8:00am - 8:45am - Packet Pick-Up & On-Site Registration at Jones Park

8:50am - Straight Jacket Escape: Rondini

8:55am - National Anthem

9:00am - Race Start

9:30am - 11am Strolling Street Magicians at Jones Park

9:30am - 11:30am Finish Line Food & Beverage Served at Jones Park

PORTA POTTIES & WATER STOPS



Start Line - Houdini Plaza



Packet Pick-Up/Finish Line - Jones Park



First Water Stop @ ~ 2.25 miles in - Corner of East Maple & South Carpenter - 1 Unit



Second Water Stop - Grishaber Service Garage @ ~ 4.5 miles in on E. John St. - 1 Unit

MEDICAL



A representative from race sponsor Prevea Health will be in the Medical Tent shortly after the finish line (by the DJ) if you are in need of any assistance after the race.



GOOD LUCK RUNNERS.

WE'RE WITH YOU EVERY STEP OF THE WAY.

Led by accomplished doctors, your official race-day medical partner is here for you every step of the way. From your hips to your toes, Prevea Orthopedics & Sports Medicine has the latest advancements in treatments and procedures to help you feel your best when you're running or keep your goal pace during a race.

Here in **Grand Chute** and **Green Bay**, you'll get the finest care around - with local experts who stand ready to restore your fluid mobility with convenient care options for all ages.

- Comprehensive orthopedic evaluation and treatment
- Joint injections
- MRI and X-ray
- Muscle analysis MRI
- Orthopedic surgical care
- Physical therapy including dry needling
- Running movement analysis
- Urgent care





RESULTS & AWARDS

CHIP TIMING

This is a chip timed event and the chip will be located on the back of your bib. Make sure you are wearing your bib on the front without anything covering it.

RESULTS

Results can be found here at the conclusion of the event: https://www.mtecresults.com/

AGE GROUPS

12 & Under, 13 – 18, 19 – 24, 25 – 29, 30 – 34, 35 – 39, 40 – 44, 45 – 49 50 – 54 55 – 59, 60 – 69, 70 – 79, 80+

AWARDS

Awards will be given to the overall winner (male and female) along with the top 3 finishers (male and female) in each age group.

There will be no formal awards ceremony. If you think you are an award winner, awards can be claimed at the Race Hub table near the beverage tent at the conclusion of the event (starting approximately around 10/10:15am)

If you choose to pick-up your award at Run Away Shoes Appleton, please e-mail events@runawayshoes.net within a week of the race.



COURSE MAP





PACKET PICK-UP & FINISH LINE MAP









WHEN YOU'RE LOOKING TO HIRE, CALL AQUIRE

WATER DAMAGE

NATURAL DISASTER

(XX) CARPET CLEANING

FIRE & SMOKE

SEWER WATER

DUCT CLEANING



🕭 BIOHAZARDS





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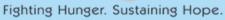


ONE MILE RUN/WALK

NOV 26 APPLETON



St. Joseph Food Program, Inc.





BURGER COUPON,









RUNAWAYSHOES.NET/ SANTASCAMPER







SPRING '25 4 imprint RACE SERIES EVENTS

NEW EVENT! CHILLY CHOCOLATE 15K & FUDGE TRUDGE 5K - FEB. I. GREEN BAY



PREVEA HEALTH RUN AWAY **BAY - APRIL OSHKOSH TO GREEN BAY**



4IMPRINT OSHKOSH HALF MARATHON, RELAY & LOOP THE LAKE - APRIL 26

REGISTER AT RUNAWAYSHOES.NET/EVENTS





BLACK FRIDAY - SMALL BUISNESS SAT.

- · GIFT CARD SPECIALS
- · WEBSITE EXCLUSIVE BUNDLES
- · 20% OFF APPAREL WITH SHOE PURCHASE
- . & MORE!





FEBRUARY 1

3PM - 6PM | BADGER STATE BREWING CO.

RUNAWAYSHOES.NET/VIPNIGHT